



# Taking action and getting involved

Here are 10 simple things you can do to help protect our ocean planet and the endangered species

## Beach Cleanups

You can help participate in beach cleanups. Don't let plastic bags and balloons get into the ocean. Many sea turtles love to eat jellyfish, plastic bags and balloons are very hazardous because they look similar to jellyfish, especially since the bags tend to float near the surface. This is what we must watch out for if sea turtles are going to be able to survive in their own homes. Pick up garbage from beaches and decrease your use of plastic by using paper bags, paper plates instead of Styrofoam or plastics.

## Recycle

By recycling 50% of your household waste, you can save 2,400 pounds of carbon dioxide annually. If there isn't a recycling program in your community, ask about starting one.

## Change a light bulb

Replace regular light bulbs with compact fluorescent light bulbs (CFL). Replacing just one 60-watt incandescent light bulb with a CFL will save you \$30, last 10 times longer over the life of the bulb and will save 150 pounds of carbon dioxide a year.

## Drive Less

Less driving means fewer emissions. Explore your community's mass transit system, and check out options for carpooling to work or school. Every gallon of gas you save not only helps your budget it will also keep 20 pounds of carbon dioxide out of the atmosphere.

## Check your vehicles tires

Keeping your tires properly inflated can improve gas mileage by more than 3%

## Plant a tree

Trees and other plants absorb carbon dioxide and give off oxygen. A single tree will absorb approximately one ton of carbon dioxide over the course of its lifetime.

## Use the Off Switch

Save electricity and reduce global warming by turning off lights when you leave a room. Turn off your television, video player, stereo and computer when you're not using them, this will help you save thousands of pounds of carbon dioxide a year.

## Use less hot water

Install a low-flow showerhead to save hot water and about 350 pounds of carbon dioxide yearly. Wash your clothes in warm or cold water to reduce your use of hot water and the energy required to produce it. That change alone could save at least 500 pounds of carbon dioxide per year in your home.

## Use a natural fertilizer

You can have a beautiful, healthy lawn without excessive use of harsh chemicals that are unnecessary and maybe harmful to you, your family, pets and the environment.

## Support conservation groups

Continue to support conservation groups by becoming a member, donor or volunteer.

Spread the word, encourage others to conserve and support David Dunleavy Art.



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